

25th ANNUAL INDEPENDENCE DAY
1 MILE BAY RACE
FRIDAY, JUNE 24, 2011

ENTRY FORM

Name: _____

Age (on race day): _____ Sex: M/F

Address: _____

City: _____

State: _____ Zip Code: _____

Email _____

Fee Enclosed: _____

Club Affiliation: _____

Emergency Contact: _____

Phone _____

(Make check payable to: **OCCC**)

Waiver

As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume full risk of any injuries, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have as a result of participating in the event against the City and its officers, agents, servants and employees, the Ocean City C-Corpants, its coaches and Board of Directors.

I do hereby fully release and discharge the City, and Aquatic & Fitness Center officers, agents, servants and employees, the Ocean City C-Corpants, its coaches and Board of Directors from any and all claims from injuries, damage or losses sustained by me arising out of, connected with, or in any way associated with the activities of the event.

I further agree to indemnify and hold harmless and defend the City of Ocean City and the Aquatic & Fitness Center and its officers, agents, servants and employees, the Ocean City C-Corpants, its coaches and Board of Directors from any and all claims from injuries, damage or losses sustained by me arising out of, connected with, or in any way associated with the activities of the event.

I have read and fully understand the above Event Details, Waiver and Release of all Claims and Permission to Secure Treatment.

Name: (please print): _____

Signature: _____

(signature of parent if under 18)

Date: _____

OCCC Would like to thank their friends for all the support.



MIDDLE ATLANTIC SWIMMING

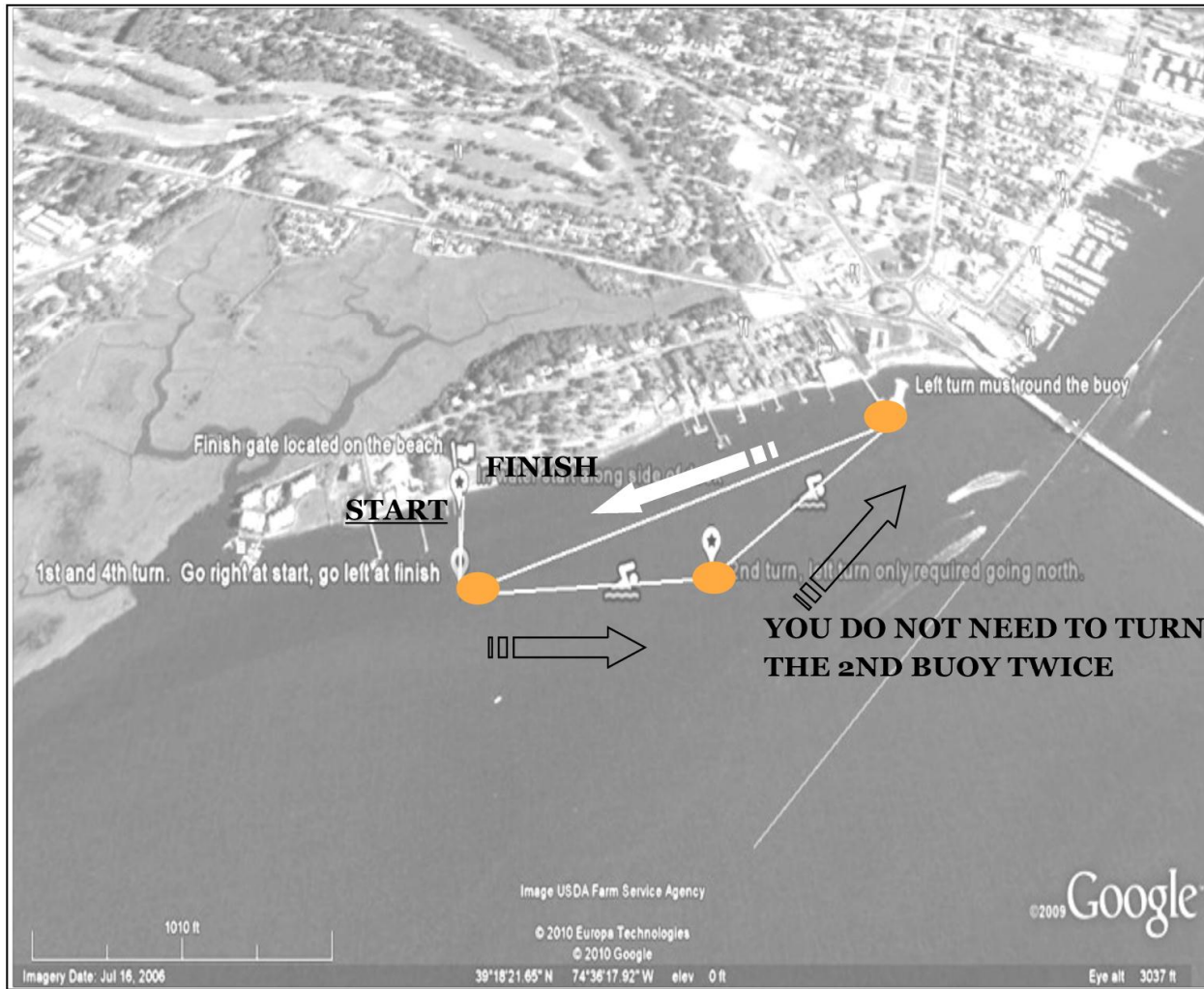


**INDEPENDENCE
Day
1 Mile Bay Race
JUNE 24TH, 2011**

RACE INFORMATION

- DATE:** Friday, June 24, 2011
- TIME:** 6:30 P.M. start
- WHERE:** Kennedy Park - Somers Point, NJ
- COURSE:** Approximately 1 mile in the bay, beginning and ending on the beach at Kennedy Park

- REGISTRATION:**
Mail to: OCCC, ATTN: Bay Swim, PO Box 973, Ocean City, NJ 08226
Questions Contact
Liz Casey (609) 602-9716



Swimmers will start in the water along side of the dock (identified by first balloon with a star.), the swimmers will then continue to swim seaward until reaching the first turn buoy (identified by balloon with the square.) At the first buoy swimmers must keep the buoy to their left. After turning the first buoy the swimmers will continue to the second turn buoy (second balloon with a star) and keep that buoy to their left the same as turn one. Swimmers will then

continue to the third buoy (located off of Crabby Jacks restaurant) here the swimmers will take a sharp turn keeping the ball to their left. Swimmers will then keep a straight course back to the first buoy and must turn keeping the first buoy to their right and continue to the beach where the finish shoot will be clearly marked with flags and timing system. You do not need to turn the second buoy twice.

Time Limit Policies

A cutoff time of 55 minutes for the entire swim will be strictly enforced this year. Swimmers who fail to make either cutoff time will be considered disqualified non-finishers. This cutoff time has been established to ensure the safety of swimmers and to ensure we comply by the policy as dictated in our insurance agreement. We certainly do not take great delight in having to enforce this kind of restriction. Swimmers who fail to complete the required distance under the established cutoff time will be visited by a motorized safety craft. Those swimmers will be required to exit the swim immediately.

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Questions? Contact Liz Casey (609) 602-9716

Please make checks payable to: OCCC

Mail-in registration must be postmarked by June 19, 2011

- You may register at **KENNEDY PARK** from 4:30 - 6:00 pm evening of the race

Entry Fee:

\$25.00 Pre-registration (postmarked by June 19, 2011)
\$30.00 Day of Race

- AMENITIES:** Commemorative T-shirts while supply last.
- BENEFITS:** proceeds to benefit the Ocean City C-Cerpants Swim Team.