



2011 Pineland Striders Holiday 4-Mile for Shawnee High School Students' Scholarship

When: Saturday, December 3rd 2011. Registration starts at 7:00 am. Race start at 8:30 am.

Where: Beach #1 & McKendimen Road - Vaughan Hall, 79 Tecumseh Trail, Medford Lakes, NJ

Directions: From Route 70 take 541 (Stokes Road) South to P.J. Whelihans, bear left on Medford Lakes – Tabernacle Road, Vaughan Hall and parking ¼ mile on left

Course: Flat and Fast, accurate “Wheel Measured”, “out and back” on McKendimen Road.

Amenities: T-shirts to all pre-registrants and on race day as supplies last. Refreshments and fruit will be available.

Awards: Trophies to first 3 male and female finishers
Age Groups: 0-12, 13-17, 18-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+

Information: Race Director - Frank Messenger **Website:** www.pinelandstriders.com
Phone: 856-767-9204 Email: runner1311@verizon.net

Online Registration: www.runsignup.com

Entry Fees:

18 & under - \$15
Pineland Strider Members - \$20 (pre-registration & race day)
Non-Member Adults - \$20 pre-registration, \$25 race day
Join the Pineland Striders (New Membership - not renewal) & Register for the Race - \$30 (pre-registration & race day)

Mail To: Pineland Striders, 240 Park Ave., Marlton, NJ 08053

Please fill out all information completely *Mail To: Pineland Striders, 240 Park Ave., Marlton, NJ 08053*

Last Name: _____ **First:** _____

Age: _____ **Sex:** Male Female **Email:** _____

Street: _____ **City:** _____ **Zip:** _____

Shirt Size (select one): Small Medium Large X-Large

Select One for Event Entry: **Checks payable to:** Pineland Striders

18 & under \$15 Pineland Strider Member \$20 Non-Member Adult Pre-Registration \$20

Non-Member Adult Race Day \$25 Race Registration & Club Membership Combination \$30

Waiver:
I hereby waive and release all claims for damage I may have against the Pineland Striders, Medford Lakes Colony Club, sponsors and the municipalities of Medford Lakes and Medford Township. I attest and verify that I am physically fit and am properly trained for the event.

Signature: _____

If under 18, Parent/Guardian Signature: _____