



**Haddon Holiday 5K Heart Run**

**Saturday, December 17, 2011  
600 W Cuthbert Blvd  
Haddon Township, New Jersey**

Founding Chairman: George Hutchinson III

**Registration: 8:00 a.m. – Official Start: 9:00 a.m.**

**Advance Registration – Individual: \$20.00  
Day of Race Registration – Individual: \$25.00**

**USATF Certified!**

**Register & Pre-Packet Pick Up**

Friday, December 16, 2011  
10am-7pm  
Haddonfield Running Company  
121 Kings Highway E  
Haddonfield, NJ 08033

**Please Print**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

T-shirt Size: (circle) S M L XL

**Release**

In consideration of your accepting this entry, I hereby waive and release any and all rights and claims for damages against the sponsors and race supervisors, workers and volunteers, from any and all injuries suffered by me as a result of my participation in said run to be held December 17, 2011. I also agree not to make any claim against releases for the loss of or damage of personal items, which may be related to my participation in this race. I attest and verify that I am physically fit and have sufficiently trained for this event. This release extends to my heirs, executors and administrators or assigns.





Signature of Participant or Guardian if under 18

*Run away from the holiday chaos as you race thru the scenic towns of Haddon Township and Haddonfield.*  
**Prizes will be awarded to best team holiday theme and best individual holiday dress**

**Flyers Hall of Fame Goaltender Bernie Parent  
Joins Santa Claus at the  
American Heart Association’s  
26<sup>th</sup> Annual Haddon Holiday 5K Heart Run**

**Award Categories**

Top 3 Overall Male & Female

Top 3 Male & Female 40+

Top Male & Female Each Class:

14 & Under	15-19	20-29	30-39	40-49	50-59	60-69	70+
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**Directions to Race**

**From the north:** 295 South to exit 29 (Route 30 West) Turn Left at bottom of ramp, then right at light on to White Horse Pike (Route 30). Proceed to Cuthbert Rd. (approx. 3 miles) and turn right on to Cuthbert Rd. Proceed to MacArthur Blvd. (first light) and turn right on to MacArthur Blvd. Wachovia Bank parking lot is behind the bank on the Right.

**From the South:** 295 North to exit 29B (Route 30 West) Continue West on White Horse Pike (Route 30) to Cuthbert Rd. (approx. 3 miles) and turn right on to Cuthbert Rd. Proceed to MacArthur Blvd. (first light) and turn right on to MacArthur Blvd. Wachovia Bank parking lot is behind the bank on the right.

**From NJ Turnpike:** Take Exit 4 (Philadelphia/Camden). Turn on to 73 North toward Tacony/Palmyra Bridge. Take exit on to Route 38 West (Ben Franklin Bridge). Follow to 2<sup>nd</sup> Cuthbert Blvd. exit. Follow Cuthbert Blvd. to MacArthur Blvd. (You will pass an ACME shopping center – next light, turn left on to Mac Arthur Blvd.) Wachovia Bank parking lot is behind the bank on the right.

*For more information contact Caroline (609)223-3718 or [caroline.hutchinson@heart.org](mailto:caroline.hutchinson@heart.org)*